

SUBJECT: PE
EXAM BOARD: OCR



Course Overview (Y12)

You will study three theoretical areas of Physical Education, these being; Anatomy and Physiology, Psychology and Socio-Cultural Issues. These units are assessed through examinations in Year 13 and are worth 70% of the final grade.

Students must submit a video of themselves performing all of the skills shown in the specification for their chosen sport including footage of them in a competitive game. Students will also be recorded analysing a sports performance in depth through a 20minute (approx.) video. Both of these elements make up 30% of the final mark.

Useful websites

The OCR exam board website can be found below.
<http://www.ocr.org.uk/qualifications/as-a-level-gce/as-a-level-gce-physical-education-h155-h555-from-2016/>

Follow @toothillpe on twitter

Visit the school website for useful information (click on the A Level option)
<https://www.toothillschool.co.uk/page.php?d=pe&p=intro>

<https://www.peakendurancesport.com/> (interesting articles across a range of topics)

<https://www.teamgb.com/> (the British Olympic website)

<https://www.sportengland.org/> (sports funding and initiatives in the UK)

<https://www.topendsports.com/> (Sports Science info)

Essential text books and reading list

OCR A Level PE Book 1 & 2 (by John Honeybourne & Sarah Powell)
https://www.amazon.co.uk/OCR-Level-PE-Year/dp/1510473319/ref=pd_lpo_card_1?pd_rd_i=1510473319&psc=1

My Revision Notes: OCR A Level PE (Keri Moorhouse) <https://www.amazon.co.uk/My-Revision-Notes-OCR-Level/dp/1510405216>

See reading list given at induction day

All of the above books are optional to buy not compulsory